



Indigenous Plants for Health Bush Fruit Field Day

Sunday, 3rd May, 2026 9.30am
*Eco Lodge, 27 Suses Pocket Rd. (off Obi Obi Rd.),
Mapleton, Qld*

Cost incl. lunch, morning & afternoon teas \$85 pp
IPHA Members \$70—children under 5 free—school age ½ price

Registrations—www.indigenousplantsforhealth.com—Events

Programme

9.30. Registration, morning tea

10.00. Welcome and housekeeping Jen, Warwick

10.10 Introducing and tasting native bush fruits Pat Collins

11.00. Davidson plum (Ooray) Cultivation and production Warwick Grace

11.50. Medicinal benefits of bush fruits

– focus on native plums for metabolic syndrome Andrew Pengelly

12.40. Making cordials from native plums demo Mary and Warwick Grace

1.00. Lunch (provided)

1.50. Weed awareness walk Jen, Pat, Andrew

2.55. Botanic Art with Biochrome Renata Buziak

3.45. Afternoon tea (provided)

4.00. Medicine making with lemon myrtle and other natives Jen Stroh

4.50. Wrap up

5.00. Close

Monday extra. 9.30am. Cyanotype Botanicals Workshop with Renata Buziak

Optional costs: Sunday Dinner \$20. Biochrome workshop \$55.00 (includes materials)

Accommodation options – no charge (please select on registration form). Few tents set up and available, otherwise BYO tent, van or camper-trailer. NO caravans. Bathroom access

Inquiries: Andrew trueunicorn11@gmail.com Jen contact@integrityhealth.com.au



Workshops participants' and Renata's prints in progress.

Cyanotype Botanicals

IPHA Field Day workshop
with Renata Buziak

In this introductory workshop create your own unique photographic print without a camera - using plants, found objects, and sunlight.

Date: Monday 4 May 2026

Time: 9:30am – 11am

Group size: 5 - 10 participants

For beginners, adults and teens (15+)

Price: \$55

You will:

- Create a unique cyanotype print.
- Learn some history, and printing techniques

Supplies: cyanotype materials & found objects provided.
Bring your own plant cutting or a small object for a personal touch.

Your facilitator: Dr Renata Buziak is a biochrome photo-media artist, researcher, and educator with over 15 years of teaching experience. She helps people to reconnect with nature, and her art has been exhibited nationally and internationally.

<https://renatabuziak.com>

